Shannon Tuggle

Exercise Physiologist

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937-926-5886

- Bowling Green State University (1997): Bachelor of Science in Education (Exercise Science)
- ACLS/BLS certified
- Seeking position in Cardiopulmonary Rehabilitation or Corporate Fitness in the Dayton/Columbus area

Abbreviated resume: I have 20 years of experience in a hospital based, outpatient Cardiopulmonary rehab program (Phase II and III). I have worked with many patients dealing with acute/chronic illnesses such as CAD, COPD, and CHF. I am able to lead and work well with others to provide exceptional patient care. I enjoy educating and helping people to improve their health and wellbeing. Listed below are just a few of my skills and duties I utilized daily.

- 1. Exceptional customer service and patient care
- 2. Telemetry monitoring of patients
- 3. Performed entrance/exit stress tests
- 4. Effectively managed time and caseloads based on 3 sessions per week
- 5. Established safe exercise prescription based on patient needs

For more information and a more detailed resume, please feel free to contact me.

Thank you, Shannon Tuggle