



# OACVPR 31<sup>st</sup> Annual Meeting

April 8<sup>th</sup> & April 9<sup>th</sup>, 2019

Join OACVPR for our 31<sup>st</sup> annual meeting at Nationwide Hotel & Conference Center – 2019. We have an amazing line up this year including several national speakers along with an exciting hands on interactive pre-conference option. You can't miss it!

## Conference Schedule-

### Monday April 8, 2019

#### Pre-Conference Workshop (3 CEU's Pending)

2:00-5:00 PM – Katy Maag, BSN, RN, CCRP, Heather Shuster, MS/Belinda Mahon

**Topic 1:** Intensive Cardiac Rehabilitation- benefits, types of programs, requirements, etc

**Topic 2:** Group Orientation- creating efficiency, hands on demonstration, etc

5:30-6:30pm - Conference Registration

6:30-7:30pm – Sam Sears, PHD, Beyond the Device (1 CEU Pending)

7:30-8:30pm - OACVPR “Program of the Year” Presentations

8:30-9:00pm - Student Poster Gallery Walk

9:00pm – Social Gathering at Pennsylvania Building Pub

### Tuesday April 9th, 2019 (6 CEU's Pending)

7-8am - Conference Registration & Breakfast

8-9am – Janie Knipper, RN, MA, MAACVPR, Unlocking the Mystery behind Medicare Rules for Pulmonary Rehabilitation

9-10am - Dr. Jeffery Swartz MD, FAAP, Alternative Well-being

10-10:15am - Vendor Break and Student Poster Gallery

10:15-11:15am – Kim Sprott MSN,RN,ACCNS-BC,CCRN, Carolyn Knox, MSW, LISW, Lisa Foote BSN, RN-VAD 101, the ins and outs of working with VAD patients

11:15-12:15pm – Sam Sears, PHD, Five Takeaways from Hanging out with a cardiac psychologist

12:15-1:30pm - Lunch, Vendor Visits and Student Poster Gallery

1:30-1:45pm - Board Announcements/Award Presentations

1:45-2:45pm – Dr. Eyad Mahayri, MD, FCCP, FAASM Lung Volume Reduction Surgery & Rehabilitation

2:45-4:00pm – Greg Merrit, PHD, Backseat Leadership, The triumphs and challenges of sharing program leadership with your patients



**Nationwide Hotel & Conference Center**  
**100 Green Meadows Drive South**  
**Lewis Center, Ohio 43035**  
**(614) 880-4300**

## Hotel Accommodations

Call Nationwide at (614) 880-4300  
\$139.00 Single; \$149 Double

**\*\*Mention OACVPR when booking!**

## Conference Registration

**Register at [www.oacvpr.net](http://www.oacvpr.net)**

### Pre-Conference Workshop:

AACVPR/OACVPR Member	\$50
Non-Member	\$60

### Conference:

AACVPR/OACVPR Member	\$110
Non-Member	\$160
Student	\$25

**\*A late fee of \$25 will be assessed after 3/4/19**

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## Speakers

**Katy Maag, BSN, RN, CCRP** has worked in Cardiac and Pulmonary Rehab for over 18 years and is employed as a Registered Nurse at Mercy Health in Lima, Ohio. She is a Certified Cardiac Rehabilitation Professional (CCRP). She finds daily contact with the patients energizing and inspiring. She is currently serving as President of OACVPR.

**Heather Shuster, MS** is the manager of Population Health & Wellness at Genesis Hospital in Zanesville, Ohio and past-president of the Ohio Association of Cardiovascular & Pulmonary Rehab. She has over 12 years of experience in Population Health in areas of focus, such as community wellness, public health, cardiovascular health and employee health & wellness programming. She is experienced in developing programming for early admission into cardiac rehabilitation such as “See you in 7” for AMI/Stent patients and “See you in 14” for CABG patients.

**Belinda Mahon** is an exercise physiologist at Genesis Hospital in Zanesville, Ohio with 14 years of experience in cardiovascular health. Belinda holds certifications in ACSM’s “Exercise is Medicine” and is a CCEP.

**Sam Sears, PhD** is a Professor in the Departments of Psychology and Cardiovascular Sciences at East Carolina University. He also serves as the Director of Doctoral Studies in the Department of Psychology. Dr. Sears is considered by many as the world authority on the psychological care and quality of life outcomes of patients with implantable cardioverter defibrillator (ICD) patients. He has published well over 150 articles in the medicine and psychology research literatures and provides lectures all over the world on a regular basis. Recently, Dr. Sears created a smart phone app, called “ICD Coach” that is the first ever app for cardiac patients focused on successful coping. His presentations have been well-received throughout the USA and internationally.

**Janie Knipper, RN, MA, MAACVPR** is a Clinical Practice Leader for the Pulmonary Rehabilitation Program at The University of Iowa Hospitals and Clinics in Iowa City, IA. She has experience over the past 26 years in pulmonary rehab. She served on the Board of Directors of the Iowa Association of Cardiopulmonary Rehabilitation since 1994. She also served the AACVPR as the Pulmonary Nurse on the BOD, as well as serving on numerous committees. She is recently retired, but continuing to work occasionally in the UIHC Pulmonary Rehabilitation Program, and also continues to serve as the pulmonary rehab regulatory resource person for the AACVPR.

**Dr. Jeffery Swartz, MD, FAAP** is the Medical Director of the Falcon Health Center at Bowling Green State University. He’s a 1977 BGSU graduate who earned his M.D. at the Medical College of Ohio in Toledo and is board certified in family medicine. He has been in practice for 37 years and has an extensive background in sports medicine and special interest in cardiovascular risk reduction, anti-aging medicine, and patient education. Dr. Swartz is a strong believer in the Collaborative Care approach to family medicine, in which a personal care physician serves as the patient’s advocate encouraging better healthcare

**Kim Sprott MSN, RN, ACCNS-BC, CCRN** is an enthusiastic VAD Coordinator with 18 years of experience as an RN. She has been a nurse for 24 years and this is her 20th year at Riverside Hospital. Her bedside nursing career has been in the vascular thoracic, open heart recovery, open heart step down, and the last 6 years have been with both inpatient/outpatient heart failure. She has played an instrumental role in the development of the LVAD program at Riverside since its inception and continues to provide clinical support to patients, staff, and the community when it comes to the care of the patient that lives with an LVAD.

**Carolyn Knox, MSW, LISW** works full time as a Clinical Medical Social Worker in the Advanced Heart and Vascular Center outpatient clinic. Her role is to assess patients’ physical, medical, and emotional needs and coordinate referrals and linkage with community resources for patients with chronic disease, i.e. home health care, alcohol and drug resource linkage, mental health resources, and general support in living and coping with chronic illness. She conducts psychosocial evaluation of patients being considered for Left Ventricular Assist Device (LVAD). She also provides support to LVAD patients and family and coordinates monthly LVAD support groups.

**Lisa Foote, BSN, RN** has been a Staff RN for 32+ years in an acute care setting with experience in care of the cardiac, post open heart, vascular, thoracic, and general surgery patients. Most of her clinical experience focused on the intermediate open-heart patient including caring for patients with an LVAD (left ventricular assist device). Her current role is the Clinical Program Coordinator for VAD working for patients with advanced heart failure who receive a heart pump / LVAD (left ventricular assist device).

**Dr. Eyad Mahayri, MD, FCCP, FAASM** earned his medical degree from Carol Davila Medical School. He then completed his Internal Medicine Residency at Michigan State University and his Fellowship in Pulmonary Medicine, Critical Care, and Sleep Medicine at University of Nebraska Medical Center. With Dr. Mahayri’s multi-specialty training and board certifications he serves in several capacities of medical supervision at Southeastern Ohio Regional Medical Center including Director of the Adult Intensive Care Unit, Director of Respiratory Services and Pulmonary Rehabilitation. Dr. Mahayri is also the Founder and Director of the Southeastern Med Sleep Lab. He is also an Advanced Instructor and Director of Advanced Cardiac Life Support for the medical center, and has served as a member of the Southeastern Medical Board of Directors since January 2012.

**Greg Merrit, PHD, grateful patient** is founder and owner of [patientspartner.com](http://patientspartner.com). After suffering an SCA and a heart attack that left him without a heartbeat for more than 30 minutes, he has embarked on a new career to raise awareness, utilization, and re-invention of cardiac rehab. He has a PhD from Michigan State University in Higher Education Administration and as the first in his extended family to graduate college, he also mentors first generation students. Oh, and he loves his life-saving partner and 3 four legged family members!